



**Book your spot:**

**X8 week programme upfront – R1 980 (10% discount)**

**X12 week programme upfront – R2 970 (10% discount)**

**Every x4 weeks – R1 100** (you will receive an invoice on the 25<sup>th</sup> of each month for the upcoming month of training)

**ACCOUNT DETAILS:**

**LEILAH KIRSTEN**

**FNB**

**RONDEBOSCH**

**CHEQUE**

**ACC NO: 620 7374 1293**

**BRANCH CODE: 201 509**

Please use your name as reference and send Proof of Payment to:  
[leilahkirsten@gmail.com](mailto:leilahkirsten@gmail.com)

I look forward to having you join [A Moment to Move!](#)



**Please note:** This payment is not refundable should you suddenly be unable to attend the selected [YOUR BODY - Spring Training Programme](#).